



Raspberry Chocolate Yogurt Bark

INGREDIENTS (serving size: 10)

- 24 – ounce container of plain non-fat Greek yogurt
- 3-ounce box of raspberry gelatin mix
- 1 cup frozen raspberries
- 1/3 cup mini chocolate chips

NUTRITION INFORMATION: 110 Calories; 2 grams Fat; 1-gram Saturated Fat; 0 mg Cholesterol; 65 mg Sodium; 15 grams Carbohydrates; 35 grams Sugar; 1 gram Fiber; 30 grams Protein

DIRECTIONS

1. Mix about three-quarters of the yogurt with the raspberry gelatin mix in a medium-sized bowl. Line a rimmed baking sheet with parchment paper and spread mixture onto paper, about ¼ to ½ inch thick.
2. Drop teaspoons of the reserved yogurt on top, then draw a knife through the dollops to swirl. Sprinkle frozen raspberries and chocolate chips on top.
3. Cover with plastic wrap and put in freezer for at least 2 hours until firmly set. Break apart and separate into 10 servings. Store each serving in a small plastic bag in the freezer until ready to eat.